

“The Life Story Writing Programme provides an opportunity to stop, take stock, look back over the process of life in order to gain deeper understanding, clearer perspective and a more integrated view.

Undertaken from a faith perspective, it is a search for evidence in your life that God has been with you and is still with you. Such discovery nourishes one’s inner being, renews one’s spirit and energizes for the journey ahead.”

Richard Johnson

**Life
Story
Programme
Fall
2011**

“Your life and my life are, each of them, one-of-a-kind. No one has ever lived your life or my life before, and no one will live them again. Our lives are unique stones in the mosaic of human experience—priceless and irreplaceable.”

Henri Nouwen



Ministry with Maturing Adults
St. Mary's Parish
Barrie, Ontario

Programme Components

Life Review - Guidelines will be provided for reflection on each decade of life.

Reflection - The most important activity is personal reflection on one's life.

Writing - From the reflections, participants choose particular stories and tell these stories in writing. You need not be a skilled writer to participate. Very basic skills are quite sufficient.

Conversation - The group sessions give direction to the project and provide support to the participants. Each person chooses only what he/she wishes to share from their personal reflections and writing. Personal freedom in this regard is respected.

Creation of an Anthology - Participants will be invited to submit one story from their collection as a contribution to an anthology representing the group effort. The purpose of this collection of stories is to create a concrete symbol which celebrates each unique gift of life.

Group Sessions: Dates—Mondays

1:30 to 3:30 p.m.

October 17th
October 24th
October 31st
November 7th
November 14th
November 21st
November 28th
December 5th
December 12th
December 19th

Book Launch: May 15th, 2012

Place: Meeting Room 1

Materials: Each participant will need his/her own writing materials. Towards the end of the programme, participants will be invited to contribute to the cost of printing the anthology,

Number of Participants:

Minimum 6
Maximum 12

Facilitator:

Sister Mary Rose Marrin, CSJ

Registration: *Life Story Writing Programme—Fall, 2011*

NAME: _____

PHONE: _____

Please return completed form to Sister Mary Rose or the parish office as soon as possible and no later than **October 14th**.